

SUMMARY OF THE EFFECT OF OXYGENATED WATER

Studies from the Pharmacology and Toxicology University of Munich

“The textbooks have to be rewritten”. We are drawing this balance in our studies about the effect of oxygenated water in the human organism.

The hit herb existing doctrines assume that the human organism absorb oxygen only by the lung and the skin. The researches of the “Walther-Straub Institute for Pharmacology and Toxicology at the University of Munich” have resulted in surprising conclusions.

Through the absorption of oxygenated water, as on a certain concentration, the organism receives additional oxygen. This oxygen delivers in the stomach, diffuses through the gastric septum, aerates the venous blood in the blood capillaries of the gastric septum and results in a high boost of oxygen in the abdominal cavity. Via this way all viscera, above all liver, milt, pancreas, kidney, gall bladder and intestine are provided additionally with oxygen. The assumption is a minimal of 45 mg/02 l of oxygenation and because of our present knowledge the following mentioned effects are to be expected.

1. Increase in efficiency

physical: The taking of oxygenated water leads in a natural way to an increase of sportive and physical efficiency. Through the oxygenation in the gastrointestinal tract, glycogen arises in the liver. Glycogen is important for the torridness process in the muscles und because of this the productive efficiency is elevated. For example: It is possible for a hundred meters runner to develop is speed after 80meters, even though his efficiency would have degraded at that time under normal conditions . It is the same for leisure time sport and endurance sport as

jogging, mountain biking, spinning, step, aerobic, etc. It is also the same for physical works.

mental: The taking of oxygenated water leads in general to a higher efficiency and vitalisation of the mind. In particular symptoms of fatigue are moderated. Our body is able to use the admitted energy, through nourishment, much better. This means that students are able to concentrate better at examinations, tests, etc. An employee, who drinks oxygenated water during lunchtime, stays powerful, although the efficiency usually is reduced during lunchtime (afternoon sleep). The oxygenation in the liver is a big help in all areas where mental energy is used, e.g. stress situations. Oxygenated water is useful for all people, who have a big mental exposure e.g. at work. We have also found out that people who have to drive the car long and very often (business men, commuters, truck drivers, etc.), are able to stay fitter and more concentrated after the use of oxygenated water.

2. Detoxication

The liver is the natural "centre for detoxication" of our organism. An intensification of the detoxication processes may be expected because of the additional supply of oxygen.

The liver has a key role in all oxygen processes. The processes are supported by oxygenated water. This means that our body forgives us "daily sins" faster.

In detail:

- A higher consumption of fat is caught, because the extra-oxygen is good support for the metabolism.
- Coffee and black tea are less precarious, because the caffeine is catabolised quicker
- Alcohol consumes additional oxygen in the liver. This results in an undersupply of the liver with oxygen and this again can lead (by continuous consume of alcohol) to alcoholic cirrhosis. Just this undersupply can perfectly be compensated by oxygenated water.
- The exposure of our body, because of the nicotine consumption of smokers may be reduced by the use of oxygenated water.

- Pharmaceuticals are better catabolised in the liver. Because of this oxygenated water is perfect for those people who have to take pharmaceuticals regularly, over a long period. But this also means that the attending physician has to take a certain care of the patient and its medical control, just to be sure about the effects and the results the patient hopes for.

3. Therapy and prophylaxis of illnesses

A high probability speaks for the aptitude of oxygenated water for therapies and prophylaxis for the following disease patterns.

Disease of inner organs: The supply of oxygenated water through the stomach leads scientifically proven to an increase of the oxidative metabolism in the Venter with its organs (liver, milt, stomach, intestinal, pancreas, gall bladder) and all vessels in the Venter, e.g. stomach nerves.

Thereby oxygenated water is to be suited for the treatment of all those diseases, which are associated with the supply of oxygen:

- Arteriosclerosis
- Forms of portal hypertension e.g. alcoholic cirrhosis, fatty liver, toxic and infectious hepatitis.
- Accumulation diseases
- All diseases and situations, which go hand in hand with a higher need of energy of the liver e.g. under nourishment, inflammations, symptoms of poisoning and pharmacotherapy.
- Liver diseases as cirrhosis of the liver in all its form, liver abscess, liver infarct, liver neurosis, fatty liver, liver tumour, hepatitis, liver coma, etc.

Diabetes and other metabolic disease: At diabetes mellitus is the creation of glycogen in the liver defective. The supply of oxygen leads to an additional creation of glycogen in the liver. The symptoms of the illness are allayed. There is hope for

diabetes patients, that their daily dose of insulin may be reduced by the taking of oxygenated water.

Other metabolic diseases, where oxygenated water can be a great help:

- Arteriosclerosis
- Born metabolic diseases
- Hyperlipidemia

Asthma: It is assumed that oxygenated water provides asthma patients abatement. The accumulation of molecular oxygen in the stomach effects that the blood in the veins takes along the oxygen of the stomach and transports it (oxygenation of the venous flow). This leads to a better supply of oxygen in the whole organism. Especially by people who suffer from a lessened supply of oxygen for the lungs, the effects of oxygenated water can be very positive, e.g. bronchial asthma or obstructive lungs disease.

Cancer: Oxygenated water is the new hope of the prophylaxis of cancer diseases of the inner organs, such as the liver, the gall system, the stomach, the uterus, the ovaries and the urinary tract. There are high chances that oxygenated water prevents neo-plastic processes in the stomach, because the increase of the oxygen supply decreases the anaerobic metabolism in degenerated cells. So it is contributed to decrease the tumour growth and prevents the spread of metastasis.

It is assumed that oxygenated water encourages the treatment of cancer disease and helps to reduce the number of needed irradiation (radiation sickness) and the particular dose of chemo therapy. In a kind of an experiment we were able to show that the sensitisation of a tumour increases towards the chemo therapy and irradiation, if oxygen is also added. Without oxygen we usually need the triple dose of irradiation to kill the same number of tumour cells.

Pyrexia: Oxygenated water can be used to help pyrexia ill people very quickly. The increased oxygen retrieval in the liver balances the energy required, which is connected with all aguish situations. Furthermore oxygenated water delivers (+minerals) our body with precious minerals and balances the ullage (as a result of the high sweating).

Gravidity: It is very often observed that oxygenated water helps to allay the fatigue and floppiness during the gravidity. At a great probability it is to say that oxygenated water also provides an improved oxygen supply foetus through the placenta. The superior oxygen supply of the inner organs effects that the increased metabolism is easier to achieve for the mother during the gravidity.

In particular because of the "Bohr - Effect" the placenta gets a superior oxygen supply. The "Bohr - Effect" facilitates the oxygen intake in the lung and the oxygen delivery in the tissue and also the oxygen intake of the foetus through the placenta.

Seniority: The consumption of oxygenated water is above all for elder people gain of attitude towards life. The superior oxygen supply of the inner organs and vessels as well as the organism arranges a feeling of vitality and well-being. There is also big hope that the superior disposability allays many symptoms of typical afflictions and diseases of old age, e.g. diabetes, dyspnea (breathlessness), lower efficiency, etc.

4. Innocuousness

Some providers of low dosed oxygen (20 mg/l) publish the opinion that a higher dose, up to a figure of 50 mg/l and more, with regard to a supposed cancer risk because of oxygen radicals, is to avoid.

This thesis is not proved by any medical research! In the named studies of the WSI it was proved in opposite that a lower dose is totally effectless.

A concentration up to a figure of 150 mg/l can be applied as inoffensive, because the venous blood is not aerated more than the arterial blood through the lungs.

The revolutionary study results seem to desire for further research.

It is to assume that in both cases the daily consumption of two bottles of 0,75l with 150mg/l oxygenated water is absolutely harmless.

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